

Atlanta, GA
Session Note Handouts
October 18-21, 2022

SkinBonesCME.com

DAY ONE – Tuesday, October 18 Women's Health Nisha McKenzie, PA-C, CSC, NCMP, IF 1.75 APRN Credits 6.5 AMA PRA Category 1 CreditsTM 6.5 ANCC Contact hours

LARCs: Use of Contraception Across the Lifespan (Rx=0.5) What are some of the reasons we might start a patient on hormonal contraception? How and when

in the month should they start? And what are some of the reasons you might NOT begin them This talk will walk you through the long-acting reversible contraceptive options, risks, benefits and efficacy, as well as placement and removal techniques. We'll go through case studies wit twists and turns representative of what we see in real life.

LGBTQIA+ Informed Health Care: Making Sense of the Letters

n-biased healthcare to members of the LGBTQIA+ community. We will work through aguage as it applies to the LGBTQIA+ community and the additional risks and apprehension embers of this community face in relation to healthcare.	

The "S" Word: Demystifying Female Sexual Health (Rx=0.5)

Female sexual health is given very little time within medical training. Here we will discuss the science behind female sexuality and address the fact that it is not merely a light version of male sexuality. For decades women have asked their medical providers to "clean out the cobwebs" while doing pelvic exams. This cry for help often remains unanswered due to, well due to so many factors – lack of time, lack of training, lack of available resources, discomfort, or bias within the topic of sexuality. Let's debunk some of the myths. Open and transparent talk about female sexuality and how we can address this to help our patients within our daily practice.	
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V is for Vagina, Vestibule, Vulva - And All Things Amazing (Rx=0.5)

for cancer. We are going to take a pause at these important layers discussing dermatologic disorders, vulvar and vestibular pain disorders, and recurrent vaginal infections. We will go through recognition, evaluation, and treatment of all disorders of the V!

From Menstrual Disorders to Menopause (Rx=0.25)

The span of time between menarche and menopause can be fraught with complications, from no bleeding to irregular bleeding, to heavy bleeding and all things between. PCOS, Endometriosis, Primary Ovarian Insufficiency, and PMS/PMDD are just a few of the things we will cover. Lear how to recognize and treat some of the most common menstrual disorders, as well as how to address some of the most common symptoms people endure as they approach and walk-through menopause.

DAY TWO – Wednesday, October 19
Cardiology & Emergency Medicine
Zachary Hartsell, DHA, PA-C
0.5 APRN Credits
6.5 AMA PRA Category 1 CreditsTM
6.5 ANCC Contact hours

Respiratory Cases (Rx=0.25)

This presentation will provide an overview of the distinctive types of acute respiratory failure and an overview of mechanism and pathophysiology. Emphasis will be placed on the initial evaluation, including oxygen supplementation techniques and indications/contraindications for the use of NIPPV. Finally, this presentation will provide an overview of acute respiratory distress syndrome, focusing on diagnostic criteria and a review of evidence-based treatment guidelines.

Managing Airline Emergencies

As the world gets back to travel, medical emergencies on airlines will once again be on the rise Before the pandemic, it was estimated that approximately 1 in 10,000 passengers have a medic event onboard aircraft each year. Seventy-five percent (75%) of these are minor medical event that can be treated with simple first aid. While serious medical events are rare, clinicians need know how to respond to such emergencies. Using a case-based format, this presentation will review the common medical conditions encountered in flight, resources available to providers, and the legalities surrounding responding to out-of-hospital emergencies. Infectious disease considerations will be reviewed and discussed. In addition to general concepts, this presentation will focus on problem-specific treatments.	cal s to

Acute Kidney Injury Cases With kidney disease on the rise, a patient presenting to the emergency department with acute

kidney injury will continue to increase. This case-based presentation will allow participants to confidently assess and classify patients with suspected kidney injury, identify the most common precipitants of acute kidney injury, differentiate between acute and chronic disease, and understand the first-line therapy for the treatment of acute kidney injury. We will also review indications for urgent dialysis.

Chest Pain Evaluation: Mimic, Red Herring, or the Real Deal? (Rx=0.25) Chest pain is one of the most common chief complaints to the american decided and the common chief complaints to the american decided and the complaints are the complaints to the american decided and the complaints are the complaints and the complaints are the complaints and the complaints are the complai

definitive diagnosis elusive in most cases. However, who gets to be sent home? Who requires admission? This presentation addresses those specific questions with a review of the challenges in delineating cardiac vs. non-cardiac chest pain. A heavy emphasis will be placed on risk stratification methodologies for patients with suspected cardiac chest pain and an evidence-base approach to the initial evaluation. Finally, this presentation will review optimal testing strategies for both cardiac and non-cardiac etiologies of chest pain, including current controversies and guidelines.	ed

Syncope Evaluation & Management

This presentation will review the common cause of syncope and pathophysiologic mechanisms that commonly lead to syncope. With a focus on initial evaluation and management, this presentation will review the guidelines and risk stratification tools available to aid in diagnosis. Finally, this presentation will provide an evidence-based approach to disposition and follow-up.

DAY THREE– Thursday, October 20 Orthopedics Gerald Weniger, PhD, ATC, PA-C 0.5 APRN Credits 6.5 AMA PRA Category 1 CreditsTM 6.5 ANCC Contact hours

Not Just Child's Play: A Review of Pediatric Orthopedics Most clinicians are familiar with common pediatric injuries. But are you still confused by the

Salter-Harris classification? Do you remember the differences between a slipped capital femore piphysis and Legg-Calve-Perthes disease? This presentation will review these pediatric musculoskeletal conditions as well as osteochondritis dissecans, apophysitis, various fracture patterns, and more.	al

Don't Shoulder the Burden: Demystifying Physical Exam of the Shoulder

wrist, foot, or ankle. But for some reason, evaluation of shoulder pain is often more daunting. SLAP tears? Hawkins-Kennedy Test? Bankart tears? O'Brien's Test? This presentation will help you make sense of all the orthopedic acronyms and eponyms so that you can more confidently evaluate a patient with shoulder pain. Useful special tests will be explained and demonstrated.	
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We'll Give You a Hand: Wrist & Hand Pathologies You May Be Missing

Most clinicians are familiar with the evaluation and treatment of common hand and wrist conditions like carpal tunnel syndrome, wrist sprains, and trigger finger. But what about more obscure pathologies? This presentation will review less common musculoskeletal conditions of the hand and wrist such as Keinbock's disease, mallet finger, Jersey finger, skier's thumb, scaphoid fractures, and more.

Keys to the Knee: Simplifying Evaluation of the Knee

Evaluation of the knee has changed and evolved over the years. Do you perform a Lachman's test or anterior drawer? Is McMurray's test still clinically useful? What is a Thessaly test? This presentation will discuss these special tests and more; while making sense of a musculoskeletal exam of the knee. Special attention will be directed towards acute and degenerative meniscus tears, and when referral to orthopedics is prudent.

Get a Leg Up on Musculoskeletal Pharmacology (Rx=0.5)

Are you running out of options for treating joint and muscle pain? Have NSAIDS and acetaminophen stopped working? Ready to lessen your use of opioids? This presentation will review alternative medications for MSK pain. It will also provide an introduction to joint injections such as hyaluronic acid injections, platelet-rich plasma therapy, and other emerging procedures.

DAY FOUR – Friday, October 21 Dermatology Lakshi Aldredge, MSN, ANP-BC, DCNP 1.50 APRN Credits 6.5 AMA PRA Category 1 CreditsTM 6.5 ANCC Contact hours

Approach to the Patient with Cutaneous Disorders

Then this session is for you! We will provide a fun and interactive, case-based overview of approaching the patient with a skin complaint. We will review common dermatologic nomenclature, what clues to look for to help nail the diagnosis and provide important tips on managing and educating your patients. This is the "fundamentals in dermatology" session that we all wish we had in our clinical, educational programs!	
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Overview of Papulosquamous Disorders

dermatology, including atopic dermatitis, psoriasis, contact dermatitis, and all those under red itchy rashes and bumps! You'll have fun viewing many skin condition images and identifying clinical features to help distinguish one skin rash from another. We will also be providing the latest evidence-based guidelines on common conditions so you will be fully updated and "in the know"!

Infectious Disorders of the Skin (Rx=0.50)

This session will provide you with a comprehensive overview on the management of common bacterial, viral and fungal cutaneous conditions from Impetigo to Lyme Disease. Wondering if you need to do a biopsy or send a tissue culture or bacteria swab? We'll provide you with the latest updates on the most appropriate tests to obtain the correct diagnosis. We will also be updating you on the latest information on the cutaneous manifestations of the COVID-19 virus and treatment management.

What's New in the Dermatology Drug Cupboard? (Rx=0.75)

Confounded by that pesky skin rash? What to do with that skin infection? This session will grayou the most up-to-date, evidence-based guidelines for the treatment of common skin condition. We will review therapeutic classes of topical and systemic medications, treatment parameters, monitoring guidelines, and patient teaching pearls. You'll leave this session feeling confident and prepared to treat the most challenging dermatologic conditions.	ons.

Diagnostic Dilemmas in Dermatology (Rx=0.25)

Put your knowledge to practice in this fun and interactive case-based session. We will present some common and not-so-common clinical cases of dermatological dilemmas and help you com up with the best answer. Grab your Sherlock Holmes hat and magnifying glass and prepare to be pleasantly puzzled!